

## The Multi-Disciplinary Team (MDT) Staff and Client Support Services System

### ***EOCF's basic MDT Process can include any of the following:***

Wellness Manager*	Ruth Nelson LMHC ext. 163,	567-2706
MDT Resource Specialist*	Kate Wells RMHC ext 116,	567-2754
Nurse Consultant	Patricia Jackson RN ext 156,	567-2743
Disabilities Specialist*	Traci Mitchel ext 246,	567-2714
Disability Assistant/Spanish Speaking Advocate	Lizz Pulido ext 119,	567-2734
Health Services Supervisor	Deanna Russell ext 105,	567-2701
Mental Health Services Supervisor*	Tom Turkon LMHC ext 120,	567-2758
Nutrition Services Supervisor	Linda Zaversnuke RD ext 412,	567-2769
Child & Family Services Staff		
Parents and Community Members		
Professionals from other agencies		

\*Mental Health Team Consultants

Staff, Parents, or community members (with proper consent from a legal parent/guardian) may request an MDT consultation and/or conference in order to access technical support relating to screenings, possible referrals, meeting the needs of a child in the center, family needs, or coordination of services with other agencies or providers in the community. Contact any MDT member to discuss how the MDT can support the needs of a client child or family.

### **MDT Elements of Service:**

- **MDT Screening Review:** MDT review of intake, screening, or referral information in order to identify children who may need support with individualization, accommodations, or follow-up services.
- **MDT Consultant Case Review:** A staff and/or parent meeting with an individual MDT consultant in order to assess any need for planned follow-up in one or more areas of concern (ie: Sensory, Development, Health, Mental Health, Nutrition, or Disabilities).
- **MDT Case Review Conference:** MDT consultants meet with classroom team staff in order to assess a concern and develop an individualized plan for meeting the specifically identified needs of a client child and/or family.
- **Full MDT Case Conference:** Any combination of the above elements, with the inclusion of the parent(s) and/or other family members in the assessment of needs and formulation of a follow-up service plan.
- **MDT / Wraparound Team:** The child's family, EOCF staff, community members, other providers, and representatives of other agencies who have been working with the family would meet to develop a collaborative and comprehensive plan for addressing complex multi-system issues.

### **Purpose:**

- 1 The MDT is an evidence-based service model designed to support Parents and Child & Family Services Staff in developing effective planning for working with children and/or families in all elements of care.
- 2 The MDT process will help to evaluate the situation, answer questions, provide possible resources, and facilitate a plan of action that will most effectively address the identified needs of the child and family.
- 3 A Teacher and/or Family Advocate should arrange as needed for a substitute through their supervisor in order to attend an MDT meeting for their client.
- 4 A Teacher and/or Family Advocate participating in an MDT meeting should bring the enrolled child's confidential file and be prepared to discuss issues and concerns as well as the desired outcome of a strength-based plan for the child/family.

MDT meetings are regularly scheduled (twice monthly) on an itinerant schedule, but can also be scheduled at variable times and locations as needed in order to include family members and others who are involved and able to participate. Please see the MDT schedule and guidance for scheduling and planning of MDT Conferences