



Video & Book Library Titles

For use by Families & Staff

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- The Video Library is located in the Family Center Commons area.
- Bookcase #1 contains series and multiple copies; bookcase #2 contains miscellaneous videos.
- To check out videos, visit, call or email Staff Assistant stationed at Family Center.
- Videos may be picked up and returned in person or via the mail run.
- Video checkout term is two weeks.



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EOCF Video and Book Library	
Title	
10 Ways to Be a Better Parent	
"A" is for Asthma	
The ABCs of Clean - A Handwashing and Cleanliness Program for Early Childhood Programs	
ADHD: What Do We Know?	
Act Against Violence	
Action Games: Indoor Games	
Active Parenting - Sessions 3,4,5 and 6	
All About Babies (Video Series):	
Babies Are People Too!	
The Developing Baby	
First 3 Months: Adaptation	
Four to Twelve Months: Reaching Out	
Helping the Baby Feel at Home	
Second Year: The Birth of the Individual	
Always Buckle Up! With Dave the Buckle Up Helper	
Appropriate Guidance	
Baby Teeth: Love 'em and Lose 'em	
The Back Is Where It's At!	
Balancing Work and Family	
Basic Family Communication Styles: Trying to Talk to Parents Who Talk at You	
Basic Parenting Skills	
Basic Parenting Skills	
The Basics of Day Care Selection	
Baby's First Impressions (Video Series):	
Volume One - Shapes	
Volume Two - Colors	
Volume Three - Letters	
Volume Four - Numbers	
Volume Five - Opposites	
Because It Works	
Beginning with Development: Development Clues to Infant and Toddler Behavior	
Being Berry, Berry Safe with Blueberry the Clown	
Being Berry, Berry Safe with Blueberry the Clown	
Bittersweet	
Bloodborne Pathogens for School Employees and DSHS: Making a CPS Referral as a Guide for Mandated Reports	
Booster Seats: How They Work, Why They Are Needed	

Born to Learn (Video Series):	
Cassette #1 - #1 Introduction, #2 Your Child's Brain/Your Unborn Child - Prenatal	
Cassette #2 - #3 Attachment, #4 Your Baby's Cues, #5 Quality Care	
Cassette #3 - #6 Windows of Opportunity, #7 Hearing & Touching, #8 Using & Understanding Words	
Cassette #4 - #9 Protecting Your Child's Brain, #10 Emotional Development, #11 Intellectual Development, #12 Movement & Plan	
Cassette #5 - #13 Talking & Reading, #14 Music, #15 Looking Ahead	
Breastfeeding Your Baby - A Special Starter Kit	
Bright Smiles, Bright Futures	
An Oral Health Parent Education Video - Copy One	
An Oral Health Parent Education Video - Copy Two	
An Oral Health Parent Education Video - Copy Three	
Bugs Bunny	
Child Safety at Home	
Child Safety at Home	
The Child Who Appears Anxious	
The Child Who Wanders	
Child Management: Who's Really in Charge?	
Child's Play - The World of Learning	
Child's Play - The World of Learning	
Childcare Nightmare Series - Channel 9 News (Kamehameha School Traveling Preschool)	
Childhaven	
Childhood Self Esteem: Notice Good from No Good	
Children at the Center: Reflective Teachers at Work	
Children at the Center: Reflective Teachers at Work	
Children of Royalty Are Treated Royally: Self-Esteem	
Children of Single Parents: Where'd My Other Parent Go?	
Children's Self Regulation - 2004	
Choosing Wellness	
The Circle Group (Video Series):	
Circle Time: Setting the Stage for Centers	
Language Development	
Letter Knowledge	
Literacy Mentoring	
Phonological Awareness	
Read-A-Loud	
Scaffolding Language Development	
Written Expression	
A Classroom with Blocks	

Come Join Us - Guidelines for Successful Group Times	
Communicating Between Culture	
Coverage of Goodwill Field Trip, EOC Work Readiness Project - Nov. 6, 1997	
A Creative Adventure	
Cultivating Reflective Practice in Center-Based and Home-Based Settings (EHS 0 to 3)	
Curriculum in HS and Individualizing in HS - The Head Start Bureau	
Dental Care for Kids	
Dental Care for Kids	
Discussing HIV/AIDS in Our Community - A Parent Meeting	
Discussing HIV/AIDS in Our Community - Educating Our Children	
Drugs and Youth - The Challenge	
Eating for Two	
ECEAP, May 17, 1993	
ECEAP Revised Performance Standards Demonstration Year Teleconference Nov 13, 1998	
ECEAP, Washington State - 1988 Video	
ECEAP, Washington State - 1988 Video	
Effective Strategies for Supporting Adolescent Parents: Zero to Three	
Families of All Shapes: Where Did You Come From?	
Family Matters	
A Family's Guide to Second Step - Parenting Strategies for a Safer Tomorrow	
Parent Strategies for a Safer Tomorrow: Preschool - Grade 5	
Parent Strategies for a Safer Tomorrow: Preschool - Grade 5	
Parent Strategies for a Safer Tomorrow: Preschool - Grade 5	
Parent Strategies for a Safer Tomorrow: Preschool - Grade 5	
Parent Strategies for a Safer Tomorrow: Preschool - Grade 5	
Parent Strategies for a Safer Tomorrow: Preschool - Grade 5	
Parent Strategies for a Safer Tomorrow: Preschool - Grade 5	
Finding a Job When Your Past Is Not So Hot	
The First Nine Months - A Guide to Prenatal Care (Video Series):	
Part One: When You Become Pregnant (1 of 4)	
Part Two: Healthy Choices for You and Your Baby (2 of 4)	
Part Three: Physical and Emotional Changes (3 of 4)	
Part Four: Making Final Preparations for the Baby (4 of 4)	
First Person: Impressions of Being a Baby	
The First Years Last Forever - I Am Your Child, hosted by Rob Reiner	
The First Years Last Forever - I Am Your Child hosted by Rob Reiner	
The First Years Last Forever - I Am Your Child, hosted by Rob Reiner	
The First Years Last Forever - I Am Your Child hosted by Rob Reiner	
Flubber - Disney Movie	

The Food Guide Pyramid - Contemporary Nutrition	
Footsteps (Video Series):	
#1 Queen for a Day and #2 No Comparison	
#7 Love Me and Leave Me and #8 Spare the Rod	
#10 True Blue and #11 I Love You When You're Good	
#13 Tightrope and #14 New Kid on the Block	
#17 Hair Scary and #22 Tangled Webs	
#25 On the Brink and #28 War and Peace	
Forum: Columbia Williamette Early Childhood Conference 1/29/99 - James May	
Forum: Columbia Williamette Early Childhood Conference 1/29/99 - James May	
Forum: Helping Children Become Literate 2/23/98 - Susan Sydney Smith	
Forum: Helping Children Become Literate 2/23/98 - Susan Sydney Smith	
Foundations: The Value of Unit Block Play	
Foundations: The Value of Unit Block Play	
From the Beginning	
Getting Back Into the Swing of Things: Returning to School	
Getting Basic Work Habits Without College Training	
Getting Services for My Baby and Me	
Give Yourself a Hand: Guidance Techniques for Successful Group Times	
Grounded for Life - Teenage Pregnancy: Afraid to Say NO!	
Gulliver's Tales - Animated Feature Film	
The Handwasher's Brigade Presents: How to Wash Your Hands!!	
Head Start Institute 2002	
Building Teacher Skills in Child Assessment, Tape #1	
Building Teacher Skills in Child Assessment, Tape #2	
Building Teacher Skills in Child Assessment, Tape #3	
Head Start NOW! Produced by the Children's Defense Fund	
Heads up! (Video Series):	
Avoiding Power Struggles	
Charting Growth: Assessment	
Conflict Resolution	
Connecting with Youth: High Standards and Safe Schools	
Creating and Sustaining High Performance Teams	
Cultivating Reflective Practice in Center-based and Home based Settings	
Cultivating Reflective Practice in Center and Home Based Settings, Zero to Three	
Cultivating Roots: Partnership with Families	
Developing Curriculum Plans for Infants and Toddlers	
Development of Challenging Children	
Effective Strategies for Supporting Adolescent Parents	

February Current Events - Live - NHSA News	
Fun with Music	
The Gift of "NO"	
Going to School - How to Effectively Speak to Children	
Growing Together: Involving Families in Your Program	
Guiding Behavior, Building Community in the Classroom	
Guiding Behavior - Guiding Behavior Introduction	
Head Start Family Literacy Project	
Health and Safety First	
How to Market Your Head Start Center	
Inch by Inch - An Idea Blossoms: Integrated Curriculum	
Inclusion and the Young Child	
Infant/Toddler Self-Regulation	
Infants, Toddlers and Families - Sandy Petersen EHS	
January Current Events - Live - NHSA News	
Leadership and Staff Development	
Leadership and Staff Development (Course #3)	
Legal Aspects of Personnel Issues	
Legal Aspects of Recruiting, Interviewing and Hiring	
Learning the Code	
Learning to Communicate/Cathy Harvey	
Literacy at Home and School	
Male Involvement	
Managing the Marginal Employee, Part 1	
Managing the Marginal Employee, Part 2	
Managing the Marginal Employee, Part 2	
Managing Your Boss, Part 1	
Managing Your Boss, Part II	
Motivating and Retaining Staff with Non-Cash Rewards	
Music for the Whole Child: A Discussion	
October Current Events - NHSA News	
Partnerships - Parent Power	
Places to Grow: Learning Environments	
Planning Classroom Environments	
Play, Part 1	
Play, Part 4	
Playing	
Positive Guidance Strategies	
Practices that Support Culturally Responsive and Respectful Services ,Part 1	

Practices that Support Responsive and Respectful Services	
Profiles of Challenging Behavior	
Promoting Positive Health During Pregnancy	
Reading Assessment	
Reading	
Reading and Shaping Organizational Culture	
Recurrent Themes in Successful Inclusion: Including children with Special Needs	
Recurring Themes in Successful Education Inclusion	
Right from Birth	
Right from Birth: The Seven Essentials	
Smart from the Start: Strengthening Early Learning from Infants to Preschoolers	
Sneak Preview	
Sneak Preview	
Staying Motivated in Challenging Times	
Strategies to Manage Effective Program Operation	
Supervision as a Tool to Support Reflective Practice	
Satellite Town Meeting - TBA	
Taking the Wide Path to Literacy with Infants and Toddlers	
Talking	
Talking	
Temperament	
Training Staff to Work Effectively with Fathers	
Transition Training for Parents #1	
Transition Training for Parents #2	
Transition Training for Parents	
Understanding the Behavior of Infants and Toddlers - Rising to the Challenge: Unpacking the Messages Behind "Challenging" Behaviors	
Understanding the Behavior of Infants and Toddlers - Understanding Children's Behavior and Enhancing Learning Through Sensory Integration	
Working with Challenging Children	
Writing	
Healthy Options - SSI - March 28, 1996	
Hepatitis "B"	
The Hiring Tape - Four Scenes at Preschool - Tom Drummond, 1988	
How Hard He Lands Depends on You - Safety and Legal Compliance for Playground Surfaces	
How to Talk So Kids Will Listen (Video Series):	
Program 1 - Helping Children Deal with Their Feelings	
Program 2 - Engaging Cooperation	
Program 3 - Alternatives to Punishment	

Program 4 - Encouraging Autonomy	
Program 5 - Praise	
Program 6 - Freeing Children from Playing Roles	
#3 - Alternatives to Punishment	
#4 - Encouraging Autonomy	
#5 - Praise	
#6 - Freeing Children from Playing Roles	
I Love Somebody - Feeding My Baby	
I Love Somebody - Partners in Parenting	
Immunizations	
Immunizations	
Importance of Fatherhood - Disappearance of the Father	
Importance of Fatherhood - Life with Father	
Introducing Primarily Health - Comprehensive Health Education Foundation	
Introduction to Parenting	
Introduction to the Family	
Job Safety for Teachers	
JoJo's Circus - A New Think and Move Show for Preschoolers - Special Teacher's Edition	
Just Like You and Me - A Video About Epilepsy	
Kid Care - What's Right for You?	
Lamaze: Parent's Magazine (Videos)	
You and Your Baby 1993 Edition	
You and Your Baby 1993 Edition	
You and Your Baby 1993 Edition	
You and Your Baby 1993 Edition	
You and Your Baby 1994 Edition	
You and Your Baby 1994 Edition	
You and Your Baby 1994 Edition	
You and Your Baby 1994 Edition	
You and Your Baby 1994 Edition	
You and Your Baby 1994 Edition	
You and Your Baby 1994 Edition	
You and Your Baby 1994 Edition	
You and Your Baby 1994 Edition	
You and Your Baby 1994 Edition	
Learning Materials Workshop Video	
Let's Talk - First Steps to Conversation	
Let's Talk - First Steps to Conversation - Program 2	
Lift the Lip (Video Series):	
ID #291	

ID #292	
ID #293	
ID #294	
ID #362	
ID #363	
ID #364	
ID #365	
ID #366	
ID #367	
ID #368	
ID #369	
ID #370	
ID #371	
ID #373	
ID #375	
Little People, Big Discoveries - Volume 1	
Little People, Big Discoveries - Volume 1	
Living the Life of (Video Series):	
Living the Life of a Toddler #100	
Living the Life of a Pre-Schooler #102	
Living the Life of a Child #104	
Living the Life of a Teen #106	
Living the Life of a Teen Parent #108	
Mary Poppins - Disney Movie	
Max's World: A Story of a Boy with ADHD	
Maximizing Your Child's Potential: Healthy Brain Development in a Media Age	
The Missing Link in Job Preparation Programs	
Monsters in the Closet	
Mother GooseLand - Cartoon Classics	
National Head Start Bureau - Video Conference, June 5, 2008	
New Fathers, New Lives: A Video to Help Men Make the Transition to Fatherhood	
The New Room Arrangement as a Teaching Strategy	
Now You're Talking - Techniques that Extend Conversations	
Now You're Talking - Techniques that Extend Conversations - program 3	
Nutrition for Infants and Children Under Six	
Once Upon a Time: Skills for Reading Aloud at Group Time	
The Ouchless House,	
Over the Shoulder Baby Holder - How to Tie One On	
Parent Involvement Interview 9/17/99	

Parent Involvement Training - Gloree Davis (copy)	
Parent Involvement Training - Gloree Davis (original)	
Parenting Children with Special Needs	
Parenting Today: Small Steps, Giant Leaps - 12 months to 3 years	
Parents and Children Learning Together	
A Place for Me - Children and Families with Special Needs - Program 3	
Places to Look for Work When You Don't Have a College Degree	
Play It Safe: Making Playtime Safe for Your Child	
The Power of Two: Voluntarily Acknowledging Paternity	
Practices that Support Culturally Responsive and Respectful Services - part 1	
Practices that Support Culturally Responsive and Respectful Services - part 2	
Precious Cargo: A Film About Choosing and Using Child Car Seats	
Prenatal Development: A Life in the Making	
Pre-School Activities: Mommy/Daddy, I'm Bored	
Protecting Your Newborn	
Protecting Your Newborn - 1997	
Protecting Your Newborn - March 1997	
Protecting Your Newborn - March 1997	
Putting TV in Perspective - 1991	
Read to Me! Sharing Books with Young Children	
Read to Me! Sharing Books with Young Children	
Ready to Learn: I Am Your Child	
Reframing Discipline: For Adults Working with Children Three to Eight	
Reframing Discipline: For Adults Working with Children Three to Eight	
The Reliable Babysitter	
Resources for Infant Educators "See How They Move"	
Resources for Infant Educators "Seeing Infants with New Eyes"	
Rifton Equipment	
Rifton Equipment	
Rifton Equipment	
Room for Children - Community Playthings	
Roomscapes - Room for Children - Community Playthings	
Safe from the Start	
Safety in the Home #604	
Sand and Water	
Saving America's Children: Achieving International Standards in American Schools	
The Secret Life of the Brain - Episode 5	
Selecting Day Care for Your Child	
Selling Yourself Without a College Degree	

Setting Sail: An Emergent Curriculum Project	
Setting Sail: An Emergent Curriculum Project	
Shaken Infant Syndrome	
Single Dads	
Someday's Child: A Focus on Special Needs Children and Their Families	
Something Magical - PBS Video	
Space to Grow: Creating an Environment that Supports Language Acquisition	
Spanking: What to Do Instead	
Staff Training Video for Second Step (Series):	
Staff Training Video for Second Step - Preschool - Grade 5 (Tape 1 of 3)	
Staff Training Video for Second Step - Preschool - Grade 5 (Tape 2 of 3)	
Staff Training Video for Second Step - Preschool - Grade 5 (Tape 3 of 3)	
Step by Step Head Lice Treatment	
Step by Step Head Lice Treatment	
Step by Step Head Lice Treatment	
Strong Kids, Safe Kids	
Sudden Infant Death Syndrome	
A Video on Helping to Reduce the Risk	
A Video on Helping to Reduce the Risk	
A Video on Helping to Reduce the Risk	
A Video on Helping to Reduce the Risk	
A Video on Helping to Reduce the Risk	
Supervision as a Tool to Support Reflective Practice (Zero to Three)	
Supporting Early Language Development - First Steps	
Supporting Early Language Development - First Steps	
Surviving Your Parents' Divorce	
Talking and Play: Use Play to Increase Language!	
Talking and Books: Use Picture Books to Increase Language!	
Teaching Preschool Children Affected by Substance Abuse	
Teen Self Esteem: The Right Rites of Passage (Student Version)	
Therapy in Action: The School-Age Child Who Stutters	
Thinking Big: Extending Emergent Curriculum Projects	
Time Together - Learning to Play with Young Children	
Time Together - Learning to Play with Young Children	
Time with Toddlers	
Toddler Self Esteem: I'm OK - What's Your Problem?	
Together We Get Along	
Together We Get Along	
Top 9-1/2 Career Skills (Video Series):	

Budgeting Tips	
Interview Tips	
Job Search Tips	
Positive Work Habits	
Resume Tips	
Safety Habits	
Teamwork Tips to Get Things Done	
Understanding Your Paycheck	
Ways to Resolve Conflicts on the Job	
Ways to Stay Sane	
Total Family: Video Series	
Bring Out the Best in Your Children: Pygmalion	
Build Confidence and Strength in Your Children: Flick Back/Flick Up	
Create Success from Disappointment: Resiliency	
Differences Are Good in a Family: Creating Respect	
Make Your Children Mentally Wealthy: Possibility Thinking	
Sticks and Stones ... But Words Are What Will Make Me: Self-Talk	
Why Does the Dog Hide Under the Bed When You Talk to Your Family?: Captain of the World	
Understanding the behavior of Infants and Toddlers Breaking It Down: Understanding the Messages of Behavior	
Understanding the Effects of Stress on Children - 11/10/99	
Understanding the Effects of Stress on Children - 11/10/99	
Video Fotos - EOC Teachers 1991 - 1992 School Year	
Video Fotos - HS/ECEAP - 1992 - 1993	
Video Fotos - EOC HS/EXEAP/TCC - 1993 - 1994	
Video Fotos - Evergreen Blended EOC - 1993 - 1994	
Video Observations for the Early Childhood Environment Rating Scale	
Washington State Paternity Affidavit - In English	
When to Call the Doctor if Your Child Is Ill	
Willy Learns the Touching Rule - Committee for Children	
Willy Learns the Touching Rule - Preschool - Kindergarten	
What About Me? Brothers and Sisters of Children with Disabilities	
What Do I Say Now? How to Help Protect Your Child from Sexual Abuse	
When a Child Doesn't Play	
When I Was Your Age: Discipline in the Family	
Why Won't My Child Pay Attention? A video guide for parents of hyperactive and inattentive children	
Working Together for Child Care - Research Roundtable of Washington	
Your Newborn Baby - Starring ABC's Joan Lunden	

Spanish and Bilingual Videos/Books	
Title	
Cepillarse y Utilizar Hilo Dental (Spanish) Brushing and Flossing	
El Habar y Los Libros (Spanish) - Use Picture Books to Increase Language	
Lift the Lip (Video Series):	
ID #295 - Spanish version	
ID #320 - Vietnamese version	
ID #376 - Spanish Version	
ID #377 - Spanish Version	
ID #378 - Spanish Version	
ID #379 - Spanish Version	
ID #380 - Spanish Version	
ID #379 - Spanish Version	
ID #380 - Spanish Version	
ID #381 - Spanish Version	
ID #382 - Spanish Version	
Listos Para Aprender - Spanish	
Lo Que Mama y Papa Deberian Saber (Spanish) - What Mom and Dad Should Know	
Los Primeros Anos Marcan Para Siempre - Spanish	
Patica De Autoestima (Video Series): - Spanish	
Adolescentes Doce a Diez y Nueve	
Diez y Ocho Meses a Tres Anos	
Recien Nacido a Seis Meses	
Seis a Diez y Ocho Meses	
Seis a Doce Anos	
Tres a Seis Anos	
Protecting Your Newborn - Spanish	
Protecting Your Newborn - March 1997	
Protecting Your Newborn - March 1997	
Sindrome de Muerte Infantil Subita	
Un Video Sobre Como Ayudar a Prevenir	
Un Video Sobre Como Ayudar a Prevenir	
Un Video Sobre Como Ayudar a Prevenir	
Un Video Sobre Como Ayudar a Prevenir	